

#### **Our Mission**

RNS is a membership organization for medical care coordination that provides continuing education and networking. The professional goal of its members is to advocate for quality patient care while utilizing community resources in a cost effective manner

### **2018 Meeting dates** & locations

1/25/18, Northridge Hospital 2/22/18, West Hills-GBS 3/22/18, ISYS Solutions, Brea 4/26/18, Winways, Orange 5/24/18, TBA June, no meeting 7/26/18, TBA August, no meeting 9/27/18, TBA 10/25/18, TBA November, no meeting 12/6/18, Quiet Cannon

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## January 25, 2018 Meeting

Topic: Acute Rehabilitation Management of Patients with TBI

Location: Northridge Hospital Medical Center

18300 Roscoe Blvd., Northridge, Ca 91328

Meeting room located in Institute for Living Building, Penthouse, 5<sup>th</sup> floor

Parking: parking structure located at 18550 Roscoe Blvd (next to gas station at southwest corner of Roscoe & Reseda). Shuttles will be available before and after the meeting. Validation for free parking will be provided at the meeting.

Speaker: Dr. Danny Arzanipour, PM&R

Dr. Dan Arzanipour is a specialist in physical medicine and rehabilitation and earned his doctorate degree at David Geffen School of Medicine at UCLA. He has served as a medical director at Santa Rosa rehabilitation unit as well as staff physician at Kaiser Foundation Rehabilitation Center in Vallejo. Dr. Arzanipour will share with us the impact of brain injury as it relates to classification of TBI and concussion grading guidelines. He will further discuss some of the risks with premature return to sports activities, common complications and predictors of outcome after a TBI.

#### Objectives of the Program:

At the end of this presentation, attendees will be able to:

- Identify ways to classify TBIs
- 2. Identify concussion grading guidelines and risks to return to impact sports or activities
- 3. Identify common complications after TBI
- 4. Identify predictors of outcome

#### <u>Agenda:</u>

Registration & Networking: 11:30 am - 12:00 pm

Lunch & Presentation: 12:00 Ways to classify TBIs 12:30

Concussion grading

Common complications after TBI 1:00

1:30 Predictors of outcomes

2:00 Q&A

Cost: (No refunds for this event)

**Registration Contact: Debbie Morris** Members: \$25.00 DMorris@caremeridian.com / (949) 422-8703

Non-members: \$35.00

Vegetarian meal available upon prior request

Target Audience: RN, CCM, and other allied health care professionals

Approved for 2CEUs

BRN, Provider # CEP1219

CCM approval # 180000072



RNS - Advocates for Quality Healthcare Follow us for the latest news and events

33 Via Anadeja, Rancho Santa Margarita, CA 92688



# **Presidents Message**

Dear Members and Friends,

Welcome to 2018. We all have a blank slate to rewrite our story. Let us not forget all the good that happened in 2017, but let us focus on all the potential 2018 has in store for us.

First of all, RNS is providing us with the ability to participate in 9 meetings to network, make new friends, visit new facilities and hear outstanding speakers. Be sure to share this with your friends and associates. Our membership dues of \$40 and luncheon fee of \$25 each meeting provides you with a total of 18 CEUs and a great lunch for such a minimal cost. We have also revamped our meetings to end by 2 pm or sooner so we can beat the traffic or return to work as needed.

To start off the year, Northridge Hospital is hosting our first meeting on January 25<sup>th</sup>. Dr. Danny Arzanipour, PM&R, will be presenting Acute Rehabilitation Management of Patients with Traumatic Brain injury. February 22, we will be at West Hills Hospital in the San Fernando Valley with a presentation by The Grossman Burn Center. March 22, we will be hosted by ISYS Solutions in Brea. The topic is Prosthetic Eyes. The other locations and speakers will be announced in upcoming Newsletters.

I am so pleased to thank our very special speakers and the many raffle gift providers who made our Holiday Party such a success. Angie Jung and Cassidy Sharp provided us with so many tools that I hope you incorporated in making the holidays less stressful. I know I did. A very special thank you goes out to the following people who donated the raffle prizes that allowed us to raise over \$450 for our RNS Cares Fund: Maryanne and Continuity Care Nursing – Poinsettia, Smoked Salmon Basket, Ghirardelli Chocolate towers, Godiva Chocolates and a \$400 Gift Catalogue

Angie and CareerSmart Learning - Massage Envy Gift Certificate

Karley and Centre for Neuro Skills – Bliss Gift Basket

Barbara and BG Nurse Consultants – Handmade Jewelry Set

Laura and Northridge Hospital - Cheesecake Factory Gift Card

Katherine and Care Meridian – Bluetooth Speaker

Hanna and Debbie and Care Meridian – 32" TV

Francine and Santa Barbara Lularoe Boutique – 6 pairs of buttery soft leggings

Other gifts were the centerpieces and yoga mats and blocks donated by Francine and Cassidy Sharp.

You can check out some pictures on our new RNS Facebook page at "RNS Advocates for Quality Healthcare." On behalf of your Board of Directors we wish you a good health, happiness and prosperity in the coming year. Let's make 2018 together!

Respectfully, Francine Aron, President RNS Advocates for Quality Healthcare



RNS Advocates for Quality Healthcare @rehabnursesofCalifornia https://www.facebook.com/rehabnursesofCalifornia/

# Board of Directors 2017

#### **Francine Aron**

President (909) 731-0006 faron1@CA.RR.com

#### **Angie Jung**

Vice President (714) 822-5965 ajung@careersmart.com

#### **Debbie Morris**

Treasurer (949) 422–8703 dmorris@caremeridian.com

#### **Laura Weiss**

Recording Secretary (818) 400-5809 LS1020@aol.com

#### Hanna van der Walt

Member-at-Large (714) 222-9466 hvanderwalt@carmeridian.com

#### Toni Bethke

Corresponding Secretary (949) 573-3435 tbethke@caremeridian.com



Got news you'd like to share with our members? Like to place an ad here? FREE to active RNS members Please contact Francine Aron or Angie Jung for more information.

Renew your membership now! See next page



#### January 25th, 2018 Luncheon and Meeting Registration

Topic: Acute Rehabilitation Management of Patient with TBI

#### Speakers: Dr. Danny Arzanipour, PM&R

<u>Location</u>: Northridge Hospital Medical Center, 18300 Roscoe Blvd., Northridge, CA 91328 Meeting room located in Institute for Living Building, Penthouse, 5<sup>th</sup> floor

Detach and mail to.... (Please include your check)

Debbie Morris c/o RNS 33 Via Anadeja

Rancho Santa Margarita, CA 92688

Regular Meal 

Vegetarian Meal

Number of members Number of non-members	at \$25.00 at \$35.00
Name:	
Address:	
City:	State: ZIP:



# ANNUAL MEMBERSHIP APPLICATION INDIVIDUAL MEMBERSHIP ONLY JANUARY 1 through DECEMBER 31 each year

## Advocates for Quality Healthcare

2018

MEMBERSHIP DESCRIPTION: (inclu	des voting privileges	with paid membership)
☐ New ☐ Renewal		
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FOR CONTINUING EDUCTION		OFFILED
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RNS NEWSLETTER DELIVERY (via  Send by mail		• • •
ADDRESS (For RNS mailing) ADDRESS		
CITY		
HOME TELEPHONE # (For Board Use (		
RNS Committee Interest / Volunteer		
Board Member Progra	ım Committee	Nominating Committee
Applicant Signature		Date
(Required)		
Annual membership fee \$40.00 due by Jo RNS, c/o Debbie Morris, 33 via Anadeja,		•

Office use only:
Date: \_\_\_\_
Check #: \_\_\_\_