Our Mission
RNS is a membership organization for medical care coordination that provides continuing education and networking.

The professional goal of its members is to advocate for quality patient care while utilizing community resources in a cost effective manner.

Upcoming Meetings
- April 23rd
- May 28th
- June – Dark
- July 23rd
- August 27th
- September 24th
- October 22nd
- December 3rd

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Visit us on our website:
www.rns-ca.org

RNS Newsletter

~ March 26th Meeting ~

Topic: Managing Chronic Pain

Location: Quiet Cannon Conference and Event Center
901 Via San Clemente, Montebello, CA 90640

Speaker: Dr. Harold Gottlieb, PhD

Dr. Harold Gottlieb received his Ph.D. degree from the Albert Einstein College of Medicine, Yeshiva University, located in New York City. Prior to earning his doctorate in psychology, he received a Master of Arts degree from the University of Colorado in Clinical Psychology and a Masters of Arts degree from The New School for Social Research. Early in Dr. Gottlieb’s career he received extensive training in child development and worked with Jean Piaget’s close assistant, Dr. Giblert Voyat.

Dr. Gottlieb was then asked to come to California State University, Los Angeles to develop and teach a variety of courses and seminars incorporating the theory and practices of Jean Piaget. He is currently Professor Emeritus at Cal State LA. Currently, Dr. Gottlieb spends his time active in his field as the Director of the Behavioral Medicine Program at the Pasadena Rehabilitation Institute located in Pasadena. He continues an active research program, has many research publications, past and present, and maintains a private practice in Pasadena.

Objectives of the program:
At the end of this presentation, the attendants will be able to:
1. Define pain
2. Identify prevalence and cost of the mismanagement of acute pain disorders
3. List roles that psychosocial personality factors play in chronic pain
4. Recognize multidisciplinary model of care as the treatment for the restoration of the chronic pain
5. Differentiate fragmented care and psychosocial interdisciplinary model
6. Name benefits of functional restoration program
7. Identify candidates for the restoration program

Target audience: Nurses, case managers and other health care professionals

Presentation Agenda:
1:00 Pain definition
1:30 Pain management in psychosocial factors
2:00 Multidisciplinary model of care
2:30 Functional Restoration Program
2:50 Q&A
3:00 Meeting adjourn

Cost:
Members - $25.00
Non-members - $35.00
Vegetarian meal available upon prior request

CEU’s: Approved for 2 hours
BRN provider # 01219
CCMC Approval Pending

To register for meeting contact: Merrilee De Bry
(714) 280-1816(preferred) or (951) 237-8500
mfdebry@gmail.com

March is Brain Injury Awareness Month

MEETING SCHEDULE
11:30 - 12:00 Networking
12:00 - 1:00 Luncheon – More Networking
1:00 - 3:00 Presentation for CEUs

Registration form See page 3
Greetings,

WOW, we really had a good meeting last month and it was good to see so many old and new friends. What a privilege to be a part of an organization that recognizes and supports the efforts of others in the health care field.

Dr. Tomaszewski, clinical neuropsychologist presented his award to the director of the Independent Living Center of Southern California who shared the story of their work helping individuals gain their independence.

I so appreciated the Case Manager recognition and chose the Convalescent Aid Society (CAS) as the beneficiary for the Thomas Gucker Award. Mark Waterson, the executive director for (CAS), spoke about the history of this non-profit operation that loans durable medical equipment in the San Gabriel Valley.

The Non-Profit award was received by Priti, the program director of the Outdoor Adventures Program at Casa Colina. She told us about the Land and Sea camp that is offered to persons with serious handicaps and that there is a wonderful opportunity for anyone that is able to volunteer for the annual weekend.

This month’s meeting is expected to be another outstanding program with Dr. Gottlieb as our speaker. He has studied and treated chronic pain patients for many years and he will be sharing what he has learned about the culture and personality traits of the chronic pain patient. It will be an opportunity for the attendee to examine their beliefs and prejudices. The challenges surrounding the evaluation and treatment of chronic pain touches most of us either at work or at home and this meeting will be not disappoint.

If you are suffering from the winter blues then fill in your calendar to include fun activities beginning with the RNS meeting the 4th Thursday of each month. It will give you something to look forward to. Lunch, networking, and good topics. See you Thursday the 26th.

We are also thankful for the raffle gifts so graciously provided by CCHN, Dr. Heskioff, and Casa Colina.

See you at the next meeting!

Renae Paulson, RN
RNS President
Remember, if you register, you are still responsible for paying for the meal, even if you don’t attend.

Number of members: _____ at $25.00
Number of non-members: _____ at $35.00

Name: ___________________________________________
Address: _______________________________________
_________________________________________________
City: ____________________  State:_____  ZIP:  __________

Regular Meal □  Vegetarian Meal □

Please RSVP for meeting by e-mail, phone or mail.
E-mail: mfdebry@gmail.com or Call: Merrilee De Bry
(714) 280-1816(preferred) or (951) 237-8500

RNS is proud to highlight one of our valued active sponsors:
Economy Transport, LLC
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March 26th RNS Meeting

• **Topic:** Managing Chronic Pain
• **Location:** Quiet Cannon Conference and Event Center, 901 Via San Clemente, Montebello, CA 90640
• **Speaker:** Dr. Harold Gottleib, PhD

RNS Meeting

Detach and mail to…. (Please include your check)

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Mark your calendar to attend the March 26th meeting.....

To e-mail your reservation, send an e-mail to:

mfdebry@gmail.com

To RSVP by phone call:
Merrilee De Bry
(714) 280-1816 (preferred)
or
(951) 237-8500

Mail your completed registration to:
Merrilee De Bry
c/o RNS
7963 E. Quinn Dr.
Anaheim, CA 92808

We’re on the Web! see us at
www.rns-ca.org

Join us for the RNS March Meeting
Thursday, March 26th, 2015
Quiet Cannon
901 Via San Clemente, Montebello, CA 90640

Membership Enrollment
We are accepting memberships for 2015.
Applications are on the RNS website or will be available at the March 26th meeting.

RNS c/o
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