



**Our Mission**

RNS is a membership organization for medical care coordination that provides continuing education and networking. The professional goal of its members is to advocate for quality patient care while utilizing community resources in a cost effective manner

**Upcoming Meetings**

**2017**

- March 23
- April 27
- May 25
- July 27
- August 24
- September 28
- October 26
- December 7

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Visit us on our website: [www.rns-ca.org](http://www.rns-ca.org)

March 2017

# RNS Newsletter

Advocates for Quality Healthcare

## ~ March 23<sup>rd</sup> Meeting ~

**Topic:**

Pediatric Care and Brain Injury Community Resources  
Presented by: 2016-2017 RNS Award Recipients



**Location:**

Quiet Cannon Conference and Event Center  
901 Via San Clemente, Montebello, CA 90640

**Speakers:**

Physician of the Year Award – Dr. Luis Montes  
Thomas Gucker Award – Lily Lee-Martyn  
RNS CARES Award – Ryan's Reach  
RNS CARES Award – High Hopes



**RYAN'S REACH**

This month, we are honoring the RNS 2016-2017 award recipients and will learn about the different charitable organizations and community resource which they support. Dr. Luis Montes, a pediatric physician specializing in physical medicine and rehabilitation, is the recipient of our Physician of the Year award. His charity of choice is to the Los Angeles County Pediatric Department. Dr. Cynthia Stotts, from the department will share details about the services and programs offered. This year's Thomas Gucker Award recipient is Lily Lee-Martyn. She will be joined by representatives from Kindred Healthcare to talk about their employee support program, HOPE Fund. In addition, Lindy Michaelis from Ryan's Reach, a non-profit brain injury outreach organization and this year's recipient of RNS CARES, will share how she got involved with the TBI world and its scholarship program for TBI survivors. We will also hear firsthand from a patient's mother about how she and her son are benefiting from the support and services of Ryan's Reach. Finally, a representative from High Hopes, another non-profit brain injury organization and recipient of RNS CARES, will talk about the some of the unique characteristics of their program touching on its educational classes, pre-vocational training, and community re-entry.

**Objectives of the Program:**

*At the end of this presentation, the attendants will be able to:*

1. Identify various local community resources and their services for appropriate referral and utilization of resources.
2. Describe the various services and programs available to the pediatric community through LA Country Pediatric Department.
3. Describe the services of one of the employee assisted program available through Kindred Healthcare.
4. Recognize community resources and programs available for brain injury survivors through Ryan's Reach and High Hopes.

**Agenda:**

- 11:30 Registration & Networking
- 12:00 Luncheon, Networking, Introductions
- 1:00 Los Angeles County Pediatric Department
- 1:30 Kindred Healthcare-HOPE Fund
- 2:00 Ryan's Reach
- 2:40 High Hopes
- 3:00 Q & A, Meeting Adjourn



**Cost:**

Members - \$25.00  
Non-members - \$35.00  
*Vegetarian meal available upon prior request*

**Target Audience:** RN, CCM, other allied health care professionals  
Approved for 2 BRN CEUs (BRN provider # 01219)  
Approved for 2 CCM CEUs  
CCMC approval # 170000914)

To register for meetings see page 3 or contact: **Hanna van der Walt**  
E-mail: [hvanderwalt@caremeridian.com](mailto:hvanderwalt@caremeridian.com) or Call: **Hanna van der Walt (714) 222-9466**

Dear Members and Friends,

March is Women's History Month and we celebrate all the incredible women who came before us. There were so many women that impacted Healthcare that I would like to mention a few as a reminder to those of us who work in this field.

In researching these women, I was amazed at how many kept following their dreams especially when huge obstacles were in their way. They are inspirations. I found the following statement posted in the Huffington Post.

"If you've received a blood transfusion, had lifesaving radiation therapy, experienced a natural birth or even lost weight by counting calories, you have used one of the many health innovations given to us by women in medicine."

Many of us have heard the names Florence Nightingale, Margret Sanger and Clara Barton but here are just a few women that are unfamiliar names who have made huge contributions to our health.

**Virginia Apgar, MD** developed the Apgar score, a standardized system used to evaluate the health of babies when they are born.

**Selma Kaderman Dritz, Epidimeologist,** collected data in San Francisco that she presented to the national Center for Disease Control and Prevention that helped shape the understanding of HIV and AIDS.

**Patricia S. Goldman-Rakic, Neuroscientist,** the first researcher to fully chart the frontal lobe of the brain creating a foundation for treating and grasping Schizophrenia, Alzheimer's and Parkinson's disease.

**Lula Hunt Peters, MD,** introduced the idea of calories and counting them as a way to lose weight and wrote a bestselling book in 1918.

We thank them and you who make a difference in this world. We also would like to thank Kenneth L. Nudleman, M.D (IME/QME), Medical Director of Breathe Diagnostics and his team for an excellent presentation on Sleep Disorders Testing and Treatments at our February meeting. Dr. Nudleman and his lovely wife were informative and quite entertaining as well. It was very interesting to see the new and surprisingly small C-PAP machines that are now available.

RNS also thanks Career Smart, Casa Colina Hospital, Continuity Care Nurses and A+ Healthcare Marketing for the lovely raffle prizes. Our March Meeting will be very interesting. Entitled "Pediatric Care and Brain Injury Community Resources", it is presented by our 2016-2017 RNS Award recipients on March 23, 2017 at Quiet Cannon in Montebello. Once again, I encourage you to attend and bring a friend. We provide CEU education, excellent networking, good luncheon and raffle prizes.

*Francine Aron*  
RNS President 2017-2018



**April 27<sup>th</sup> 2017 Meeting**

**Topic:**  
Cultural Sensitivity

**Speaker:**  
Dr. Carolyn Ortega, Clinical Psychologist.

**Location:**  
Winways  
7732 E Santiago Canyon Rd, Orange, CA 92869



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**Membership Enrollment**

We are accepting memberships for 2017.  
Applications are on the [RNS website](#) or will be  
available at the March 23<sup>rd</sup> meeting.

Please RSVP for meeting by e-mail, phone or mail.  
E-mail: [hvanderwalt@caremeridian.com](mailto:hvanderwalt@caremeridian.com) or  
Call: Hanna van der Walt (714) 222-9466

**March 23<sup>rd</sup> 2017 Luncheon and Meeting Registration**

**Topic:** Pediatric Care and Brain Injury Community Resources

**Speakers:** RNS Award Recipients: Dr. Luis Montes, Lily Lee-Martyn, Ryan's Reach, High Hopes

**Meeting Location:** Quiet Cannon Conference and Event Center, 901 Via San Clemente, Montebello, CA 90640

Detach and mail to....  
(Please include your check)

Hanna van der Walt  
c/o RNS  
10459 La Ballena  
Fountain Valley, CA 92708



Number of members \_\_\_\_\_ at \$25.00  
Number of non-members: \_\_\_\_\_ at \$35.00

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Regular Meal  Vegetarian Meal

Please remember, if you register, you are still responsible for paying for the meal, even if you don't attend.

Mark your calendar to attend  
the March 23<sup>rd</sup> meeting .....

To e-mail your reservation,  
send an e-mail to:

[hvanderwalt@caremeridian.com](mailto:hvanderwalt@caremeridian.com)

To RSVP by phone call:

Hanna van der Walt  
(714) 222-9466

or

Mail your completed registration to:

Hanna van der Walt  
c/o RNS  
10459 La Ballena  
Fountain Valley, CA 92708

We're on the Web!

see us at

[www.rns-ca.org](http://www.rns-ca.org)

## March 23<sup>rd</sup> 2017 Meeting

### Topic:

Pediatric Care and Brain Injury Community Resources  
Presented by: 2016-2017 RNS Award Recipients

### ~Physician of the Year~

Dr. Luis Montes ~ Los Angeles County Pediatric Department

### ~Thomas Gucker Award~

Lily Lee-Martyn

Her charity of choice is Kindred Hope Fund.  
Representatives from Kindred will be there to share about the  
function and services of this organization.

### ~RNS CARES Award~

Ryan's Reach and High Hopes

Both are non-profit brain injury community support services.  
Representatives from each organization will  
share their stories and services.

### Location:

Quiet Cannon Conference and Event Center,  
901 Via San Clemente, Montebello, CA 90640

### RNS c/o

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**Look inside for RNS March 23<sup>rd</sup> Meeting Info!**