



Our Mission

RNS is a membership organization for medical care coordination that provides continuing education and networking. The professional goal of its members is to advocate for quality patient care while utilizing community resources in a cost effective manner

2018 Upcoming Meeting Dates & Locations

- 5/24/18, Winways, Orange
- 7/26/18, San Fernando Valley
- 9/27/18, Torrance
- 10/25/18, Casa Colina
- 11/15/18, Long Beach
- 12/6/18, Quiet Cannon, Montebello

No meeting in June and August

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Photos or videos taken at RNS events may be used for RNS publicity. Please contact RNS Board of Directors if you have any concerns or do not wish to be photographed.

May 24th, 2018 Meeting

Topic: Suicide Assessment within Issues of TBI: A Case Approach
Location: Winways Rehabilitation Center
7732 E. Santiago Canyon Road
Orange, CA 92869
Speaker: Carolyn J. Ortega, Psy.D.



We are delighted that Dr. Carolyn Ortega will be joining us again in May and discuss a very important, yet often ill-prepared topic when working with people with brain injury - suicide. Dr. Ortega is a bilingual licensed psychologist and has been working closely with people who suffered TBI. Studies have published that people with TBI are three times likely to commit suicide. While we may be aware this information, we often lack the tools to know how to assess or what to do when a suicide attempt occurs during the person's rehabilitation phase. Please join us on May 24th when Dr. Ortega will educate us on how to identify risk factors of suicidal potential and ideation with this population. She will explain how to utilize research-based assessment tools and treatment of patients with suicidal behaviors. More importantly, by sharing real case incidents, she will outline our responsibilities and actions necessary from a mental health and rehabilitation perspective and how to build a team approach to promoting patient safety.

Program Objectives: At the end of this presentation, attendees will be able to:

1. Identify psychological and diagnostic risk factors associated with increasing suicidal potential subsequent to a traumatic brain injury
2. Describe how to apply the suicidal risk assessment process through SAMHSA's SAFE-T model (Suicide Assessment and Five-Step Evaluation and Triage)
3. Recognize the relationship between prevention and appropriate treatment to address suicide potential with traumatic brain injury cases
4. Describe the basic principles of a duty to warn and professional responsibility within mental health and rehabilitation settings with suicidal ideation reported by patients
5. Analyze a team approach model as part of promoting patient safety with traumatic brain injury and suicide risk prevention

Agenda:

Registration:	11:30 am – 12:00 pm
Lunch & Presentation:	12:00 Review the diagnostic factors and risk factors
	12:30 Application of SAFE-T
	1:00 Review duty to warn & professional responsibilities and disease management
	1:30 Case ex. of a patient reporting suicidal ideation and step-by-step process
	2:00 Team approach in promoting safety and Q&A

Cost: (No refunds for this event)

Members: \$25.00
Non-members: \$35.00
Vegetarian meal available upon prior request

Registration Contact: Hanna van der Walt

hvanderwalt@caremeridian.com / (714) 595-3810
10459 La Ballena, Fountain Valley, CA 92708

Target Audience:

RN, CCM, and other allied health care professionals
Provider approved by the California BRN, Provider # CEP1219, for 2 contact hours
Approved by CCMC for 2 CCM CEs, # 180001613



President's Message



Follow us on Facebook



RNS Advocates for Quality Healthcare

<https://www.facebook.com/rehabnursesofCalifornia/>

Dear Members and Friends,

May has many very special days and weeks. It is Stroke Awareness Month, there is Nurses week, Mother's Day and Memorial Day. So, I personally say thank you to our healthcare community for their prevention and treatment of strokes, all the people who have served our country and have died doing so, all the mother's and especially all the Nurses who have dedicated their lives to support and care for all these people and so many more.

As many of you know, the opportunity to attend our outstanding meetings has been a challenge for many of you. Our work lives have changed since the inception of our organization almost 3 decades ago. We will be sending you a questionnaire via email in the following month to evaluate whether we will continue as an organization in 2019. As difficult as it is to state, the reality is we have had outstanding speakers, but with few attendees. We are unable to sustain the cost of the original venue where we have to pay for a minimum of 25 attendees when less than half that number attend. We are so grateful to the organizations who host our events such as Career Smart, Northridge Hospital, Care Meridian Winways, Casa Colina Hospital and Kindred who not only provide the venue, but also the luncheon and many times the speaker as well. I urge you all, members and associates, to please respond to our questionnaire.

We have our speakers all lined up through the rest of 2018 and want to thank Angie Jung for the amazing job she has done in getting us outstanding speakers. If you missed the April meeting, you missed an amazing education about Medical Cannabis by Dr. Daniele Piomelli at Career Smart in Brea.

We also thank Care Meridian and A+ Healthcare Marketing for our raffle gifts and centerpieces. We are looking forward to seeing you this month at Care Meridian Winways in Orange on May 24th. As always, I encourage you to attend and bring an associate as the networking and education are always excellent.

Respectfully,

Francine Aron, President
RNS President 2017-2018

**Board of
Directors 2018**



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May 24th: Suicide Assessment Within Issues of TBI: A Case Approach, Speaker: Dr. Carolyn Ortega, Psy. D, Location: Winways, Orange

June: Dark (No Meeting)

July 26th: Case Management Ethical Considerations for Depositions and Expert Witness, Speaker: Tina Odjaghian, Location: San Fernando Valley

August: Dark (No Meeting)

September 27th: Management of Complex Shoulder Injuries, Speaker: Dr. Peter Borden, Orthopedic Surgeon, Location: Torrance

October 25th: Speaker: Dr. Cisneros, Casa Colina, Pomona

November 15th: Long Beach Grand Events Center (Ethics Topic)

December 6th: Holiday Event - Quiet Cannon Events Center, Montebello

Registration applications are now being accepted for the:

3rd Annual Real World TBI symposium - My Purpose in Life

To register [CLICK HERE](#) or go to: <http://bit.ly/braininjuryaugust8>. You will want to register early to secure a spot. If your schedule changes and you need to cancel later the program will assist you.

This year's symposium features even more survivors than in years past. Each presentation will focus on how individuals have either experienced or supported a new purpose in life for brain injury survivors.

Do you have questions about CE's that are provided or need to download a paper registration form? [CLICK HERE](#) or go to: <http://bit.ly/braininjuryauguas8>

May 24, 2018 Luncheon and Meeting Registration

Topic: Medical Marijuana: A Clinical and Ethical Perspective

Location: Winways Rehabilitation Center, 7732 E. Santiago Canyon Road, Orange, CA 92869

Speaker: Carolyn J. Ortega, Psy.D.

Detach and mail to....
(Please include your check)

Hanna van der Walt c/o RNS
10459 La Ballena
Fountain Valley, CA 92708

Member: \$25.00 Non-member: \$35.00

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Regular Meal Vegetarian Meal

Please note, if you registered, you are responsible for paying for the meeting, even if you don't attend.