



September 2016

RNS Newsletter

Advocates for Quality Healthcare

~ September 22nd Meeting ~



Our Mission

RNS is a membership organization for medical care coordination that provides continuing education and networking.

The professional goal of its members is to advocate for quality patient care while utilizing community resources in a cost effective manner

2016 Meeting Schedule

September 22
October 27
December 1

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Visit us on our website:
www.rns-ca.org

Topic: Mobile Medical Technology

Location: Quiet Cannon Conference and Event Center,
901 Via San Clemente, Montebello, CA 90640

Speaker: Constantine Gean, MD, MS, MBA, FACOEM
Regional Medical Director, Liberty Mutual Insurance

Constantine J. Gean, MD, MBA, MS, FACPM, FACOEM is Regional Medical Director, Liberty Mutual Insurance Co., Glendale, CA. Associate Clinical Professor, Volunteer Faculty at UC Irvine (Chair of the OEM Residency Advisory Committee). He also chairs the Opioid Sub-Committee for the Medical Advisory Committee for the State of Oregon.

Dr. Gean performs Utilization Review oversight in his current role as Regional Medical director at Liberty Mutual, and has previously been a Utilization Review Physician for the CA State Compensation Insurance Fund. He has done Medical Reviews in the past as Vice President and Chief Medical Officer at Unum Corporation, and as Vice President of Operations (and later Corporate Medical Director) for CORE, Inc., a disability insurer. Also, Dr. Gean has been the back-stage doctor at the Academy Awards™ since 1999.

Dr. Gean is the 2009 ACOEM President's Award recipient. He has been lead author for two books, The Pocket Drug Guide and The Index of Prescription Drugs, and he was the recipient of the 2008 Jean Spencer Felton Award for Excellence in Scientific Writing given by the Western Occupational and Environmental Medicine Association (WOEMA). He writes the regular features "News You Can Use from the Literature" and "Interesting and Useful Web Sites" for WOEMA.

Objectives of the Program:

At the end of this workshop, the attendants will be able to:

- ❖ Define Mobile Device Apps
- ❖ Recognize patient-focused medical apps
- ❖ Different FDA regulated mobile medical applications from non-FDA regulated devices
- ❖ Evaluate and download at least three mobile medical applications

Agenda:

- 11:30 Registration and Networking
- 12:00 Luncheon and Networking
- 1:00 Define Mobile Device Apps
- 1:30 Patient-focused medical apps
- 2:00 FDA regulated mobile medical applications
- 2:30 Evaluate and download mobile medical applications
- 2:50 Questions and Answers
- 3:00 Meeting Adjourn

Cost:

- Members - \$25.00
- Non-members - \$35.00
- Vegetarian meal available upon prior request*

CEU's: Approved for 2 hours
BRN provider # 01219
CCMC Approval Pending



**Registration form
See page 3**

To register for meeting contact: Merrilee De Bry
(714) 280-1816 (preferred) or (951) 237-8500
mfdebry@gmail.com

Presidents Message

By Renae Paulson, RN, CCM

September 2016

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I have recently returned from a 24 day 'road trip' to the Mid-West. After putting on more than 5000 miles and visiting 10 states and National Parks I can honestly say I am glad to be home and looking forward to seeing at this month's RNS meeting.

What amazed me so much on my trip was the vastness of the unoccupied land across the United States and how varied the landscape is from one mile to the next. I enjoyed the extremes of the landscape from being desolate to lush vegetation, from rolling hills to sharp and jagged rock formations that created deep canyons and then suddenly back on the flat even asphalted roads for long distances.

I marveled at the creation of all this is in the world and that, when looked on for its beauty, I found peace and joy and pleasure within my soul.

All this reflection brought me back to my corner of the world, my life, my community, and my activities. What stimulates me and satisfies me in my daily life, family, and friends. Am I open to receive the differences of the landscape of personalities? Do I look for the joy in the colors of my life? Do I involve myself with actions that challenge me and help to soften my character without losing my convictions?

One answer to these questions is RNS. A group of varied types that have a common goal to serve the disabled, caring for the sick, and making a difference in someone's life circumstance or period of time. A group of professionals who challenge me and help me grow in knowledge and gain from shared experiences.

For this I am thankful. For you the members and friends, the educators, and the food and fellowship, and for the opportunity to serve on the BOD

I hope that you can say the same thing: that associating with RNS is a good experience for you too!

Plan now to attend our meeting on Thursday, September 22nd at the Quiet Cannon Country Club and there we can see one another!



**Board of
Directors 2016**

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Toni Bethke
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(949) 573-3435
tbethke@caremeridian.com

Please join us this month for the
RNS October 27th, 2016
Luncheon & Meeting:

Topic:

Integrating New Technology for Joint Replacement Surgery

Speaker:

Dr. Luis A. Corrales, MD

Location:

Casa Colina Center for Rehabilitation
255 E Bonita Ave, Pomona, CA 91767
(800) 926-5462



September 22nd 2016 Luncheon and Meeting Registration

Topic: Mobile Medical Technology

•Speaker: Constantine Gean, MD, MS, MBA, FACOEM, Regional Medical Director, Liberty Mutual Insurance

•Location: Quiet Cannon Conference and Event Center, 901 Via San Clemente, Montebello, CA 90640

Detach and mail to...
(Please include your check)

Merrilee De Bry
c/o RNS
7963 E. Quinn Dr.
Anaheim, CA 92808



Number of members _____ at \$25.00

Number of non-members: _____ at \$35.00

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Regular Meal Vegetarian Meal

Remember, if you register, you are still responsible for paying for the meal, even if you don't attend.

Mark your calendar to attend
the September 22nd meeting

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To e-mail your reservation,
send an e-mail to:

mfdebry@gmail.com

To RSVP by phone call:

Merrilee De Bry
(714) 280-1816^{preferred} or (951) 237-8500

Mail your completed registration to:

Merrilee De Bry
c/o RNS
7963 E. Quinn Dr.
Anaheim, CA 92808

We're on the Web!
see us at

www.rns-ca.org

Please join us this month for the:

RNS September 22nd, 2016

Luncheon & Meeting

Topic: Mobile Medical Technology



Speaker: Constantine Gean, MD, MS, MBA, FACOEM
Regional Medical Director, Liberty Mutual Insurance

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901 Via San Clemente, Montebello, CA 90640

Membership Enrollment

We are accepting memberships for 2016.
Applications are on the [RNS website](http://www.rns-ca.org) or will be
available at the September 22nd meeting.

RNS c/o

Toni Bethke, Webmaster
18A Journey, Suite 200
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tbethke@caremeridian.com



Look inside for RNS September 22nd Meeting Info!